

**MINUTES OF THE FEBRUARY 19, 2013 REGULAR MEETING OF THE
PETALUMA HEALTH CARE DISTRICT BOARD OF DIRECTORS**

CALL TO ORDER:

Elece Hempel, Member-At-Large
Robert Ostroff, MD, Treasurer
Josephine S. Thornton, MA, President

ABSENT:

Fran Adams, RN, BSN, Secretary
Kathie Powell, MS, Vice-President

ALSO PRESENT:

Suzanne Cochrane, Board Clerk, PHCD
Ramona Faith, CEO, PHCD
Brian Hackman, Camden Group
Richard Nadale, Director of Finance, PHCD
Steve Valentine, Camden Group

CONSENT CALENDAR:

President Thornton revised the minutes under Election of Officer to state that Ramona Faith presented a slate of officers proposed by the board.

A motion was made by Director Ostroff, seconded by Director Hempel to approve the February 19, 2013 Agenda and the January 23, 2013 minutes to include the above recommended change to the minutes. This motion passed by a vote of 3 ayes and 2 absents.

PUBLIC COMMENTS/QUESTIONS:

There were no public comments or questions.

BOARD COMMENTS/QUESTIONS:

There were no Board comments.

ADJOURN TO CLOSED SESSION:

President Thornton adjourned the meeting into closed session pursuant to the following sections:

- **Government Code §54956.8 Closed Session; real property transaction; meeting with negotiator – 400 North McDowell Blvd.; The Camden Group**

President Thornton adjourned the meeting into open session and reported no action was taken in closed session.

INTEGRATED WELLNESS:

Elizabeth Glenn-Bottari, Vice President, COO Integrative Health for St. Joseph Health, presented an overview on “The Future State of Health and Wellbeing Centers”.

Ms. Glenn-Bottari explained that medical fitness centers provide communities with a point of entry to access healthcare and increases clinical volumes and physician referrals. In addition, reduction in readmissions of chronic disease patients occurs while providing a new source of net income. Businesses are joining the force in being an advocate for employees to be healthy by promoting healthy programs through exercise, cooking classes and walking programs.

Ms. Glen-Bottari noted that studies show organizations that have a commitment “at the top” have higher success rates in improving the health and well-being of their employees. Discussion ensued around continued changes in health care as displayed through a diagram that shows relationships between acute care, recovery and rehab care, and community based care.

With the completion of the feasibility study by Meritage, data will reflect the needs of the community and outline the next steps in the process in moving forward with an integrated wellness model based on needs.

Information on a short video regarding the Queen of the Valley Wellness Center will be sent to the Board of Directors for their review.

The Board thanked Elizabeth Glenn-Bottari for her presentation.

PETALUMA VALLEY HOSPITAL MONTHLY BOARD REPORT:

No report presented. The next SRM Alliance Board meeting is scheduled for Tuesday, February 26, 2013.

COMMITTEE REPORTS:

No questions were raised regarding CEO Report.

President Thornton attended a recent ACHD Conference where discussion occurred around using Rosenberg’s Rules of Order as an appropriate meeting structure. This will be discussed at the Board Governance meeting set for March 28, 2013.

Committee assignments will be discussed at a future Board meeting when all Board members are present.

Minutes of the CHIPA Committee and South County Behavioral/Mental Health Collaborative were included in the board packet.

Ramona Faith has completed the job description for the Community Outreach Project Manager position and will begin advertising next week. This position will be posted as a 32 hour benefited position.

FISCAL SUSTAINABILITY:

The Asset Management Committee met prior to the Board meeting and reviewed the proposed changes/revisions to the PHCD 2012/13 Fiscal Year Budget. The Committee recommended Board approval.

A motion was made by Director Ostroff, seconded by Director Hempel to approve the proposed revisions to the Fiscal Year 2012/13 Budget. This motion was passed by 3 ayes and 2 absents.

In addition, the Asset Management Committee reviewed the January 31, 2013 financials and recommended Board approval.

A motion was made by Director Ostroff, seconded by Director Hempel to approve the January 31, 2013 financials. This motion was passed by 3 ayes and 2 absents.

INFORMATIONAL ITEMS:

Ramona Faith reminded Directors of the upcoming ACHD Legislative Days, CSDA Legislative Days and the ACHD Annual Meeting. Directors were instructed to notify Suzanne Cochrane, Board Clerk, if there were interested in attending any of the three sessions.

Upcoming Board meetings include:

- March 19, 2013 Board meeting
- March 28, 2013 Board Governance
- April 1, 2013 Strategic Planning Session with SJH

Ramona Faith introduced Haley Hopkins, intern from Tomales High School who will be working with the Petaluma Health Care District to complete her Senior Project.

ADDITIONAL PUBLIC COMMENTS ON AGENDA ITEMS:

There were no additional comments.

PLUS/DELTA:

Meeting ran smoothly and ended early.

ADJOURN:

President Thornton adjourned the meeting at 2:25pm

Respectfully submitted,

Josephine S. Thornton, MA, Board President

RECORDED BY:

Suzanne Cochrane, Board Clerk