



# Community Health Initiative of the Petaluma Area

**January 12, 2021**



*Community health, community solutions*

*Petaluma*  
**HEALTH CARE**  
DISTRICT

---

The Community Health Initiative of the Petaluma Area (CHIPA) is an Advisory Committee of the Petaluma Health Care District (PHCD) Board of Directors and a local chapter of Health Action.

CHIPA seeks to provide leadership in identifying local community health priorities and taking action to engage in policy, system, and environmental change to improve local health outcomes. This will be accomplished through collaboration and partnerships with key community, health care and business leaders, local capacity building, and alignment with Health Action goals.

Mental Health &  
Substance Abuse

Cradle to Career

Heart Health &  
Healthy Eating



# AGENDA

## Petaluma Health Care District (PHCD)

Community Health Initiative for Petaluma Area (CHIPA)

Tuesday, January 12<sup>th</sup>, 2021 | 12:00pm–1:30pm

Join via Zoom: <https://zoom.us/j/94108857198> | Meeting ID: 941 0885 7198

Join via phone: 1-669-900-9128 | Meeting ID: 941 0885 7198

Ramona Faith

Ty Mooney

Leader

Recorder

AGENDA ITEM	TIME	RESPONSIBILITY
<b>1. WELCOME / CALL TO ORDER</b>	10 mins	<b>Ramona Faith</b>   PHCD
<b>2. COVID-19 COMMUNITY RESOURCES: BUCKELEW PROGRAMS &amp; ST. JOSEPH HEALTH</b> <ul style="list-style-type: none"> <li>• Every other Tuesday   3:30-5 pm (Upcoming meetings: January 12, 26)</li> </ul>	15 mins	<b>Erika Klohe</b>   St. Joseph Health
<b>3. PRESENTATION: SONOMA COUNTY OFFICE OF EQUITY &amp; DEPARTMENT OF HEALTH SERVICES</b> <ul style="list-style-type: none"> <li>• Overview of new Sonoma County Office of Equity and vision for driving the work</li> <li>• How the Department of Health Services is working with the Office of Equity to address health equity in Sonoma County – the immediate work being COVID-19 programming efforts</li> </ul>	40 mins	<b>Melissa Valle</b>   Program Manager, Office of Equity <b>Denia Candela</b>   Equity Program Manager, Department of Health Services
<b>4. WORK GROUP GOALS</b> <ul style="list-style-type: none"> <li>• Mental Health &amp; Substance Abuse   <i>Goals and focus of 2021</i></li> <li>• Heart Health   <i>Incorporating into HeartSafe Community initiative</i></li> <li>• UCLC   <i>Introduction to the United Community Learning Collaborative</i></li> </ul>	10 mins	<b>Halley Cloud</b>   PHCD <b>Allison Murphy</b>   Work Group Chair, Mothers Care <b>Nancy Sands</b>   Work Group Chair, City of Petaluma
<b>5. DISTRICT UPDATES</b> <ul style="list-style-type: none"> <li>• Sale of Petaluma Valley Hospital: What comes next and plans for community input on community investments</li> <li>• Creation of Petaluma Health Foundation</li> </ul>	5 mins	<b>Ramona Faith</b>   PHCD

CHIPA is an Advisory Committee of the PHCD Board of Directors and a local chapter of Health Action. CHIPA seeks to provide leadership in identifying local community health priorities and takes action to engage in policy, system, and environmental change to improve local health outcomes. This is done through collaboration and partnerships with key community, health care and business leaders, local capacity building, and alignment with Health Action goals.



# AGENDA

## Petaluma Health Care District (PHCD)

Community Health Initiative for Petaluma Area (CHIPA)

Tuesday, January 12<sup>th</sup>, 2021 | 12:00pm–1:30pm

Join via Zoom: <https://zoom.us/j/94108857198> | Meeting ID: 941 0885 7198

Join via phone: 1-669-900-9128 | Meeting ID: 941 0885 7198

<b>6. MEMBER UPDATES &amp; UPCOMING EVENTS</b> <ul style="list-style-type: none"><li>• <b>Hanna Institute, ACEs Aware Upcoming Trainings</b>   Trauma Informed Care 101: Jan 20 1-5pm, Jan 30 9am-1pm   Register: <a href="http://norcalaces.org">norcalaces.org</a></li><li>• <b>Community Survey on Farmers' Market Use</b>   UC Cooperative Extension, Petaluma Bounty and the Center for Well Being   <a href="#">Survey</a></li><li>• <b>Sonoma Community Resilience Collaborative</b>   <a href="#">More info</a></li><li>• <b>Path to Hope Live</b>   <a href="#">More info</a></li><li>• <b>Additional updates &amp; events</b></li></ul>	10 mins	
<b>7. PUBLIC COMMENTS / QUESTIONS</b>	--	
<b>8. PLUS / DELTA – CLOSING COMMENTS - ADJOURN</b>	--	<b>Ramona Faith</b>

*CHIPA is an Advisory Committee of the PHCD Board of Directors and a local chapter of Health Action. CHIPA seeks to provide leadership in identifying local community health priorities and takes action to engage in policy, system, and environmental change to improve local health outcomes. This is done through collaboration and partnerships with key community, health care and business leaders, local capacity building, and alignment with Health Action goals.*



- Incorporating Heart Health Work Group into the **HeartSafe Community Initiative**
  - Launched in 2013, HeartSafe Community is an initiative to increase survival rates and reduce disability from sudden cardiac arrest by strengthening our community's response to cardiac emergencies and promoting heart health awareness and prevention strategies
  - Main goals for 2021: Teen Cardiac Screen in September, Petaluma Walking Day

### **Upcoming Meeting:**

Thursday, January 28 | 9-10 am | RSVP: [tinyurl.com/HSC-Jan](https://tinyurl.com/HSC-Jan)



- Meetings on third Thursdays, 12-1 pm
  - General priorities of 2021: Equity, self-healing communities, building resilience

**Upcoming Meeting:**

Thursday, February 18 | 12-1 pm | RSVP: [tinyurl.com/CHIPA-Feb](https://tinyurl.com/CHIPA-Feb)



*United Community Learning Coalition/  
Comunidad Unida en Aprendizaje Colaborativo*

- Formed to provide financial, emotional and technological support to students and families during distance learning, it is dedicated to ensuring equity in our schools and is working with our school districts to tackle emotional well-being and academic support, especially in our Latinx community

**Upcoming Meeting:**

Wednesday, January 13 | 4-5 pm

Interesting in joining? Email [hcloud@phcd.org](mailto:hcloud@phcd.org) or [tinyurl.com/UCLC-contact](https://tinyurl.com/UCLC-contact)



# District Updates, Member Updates & Upcoming Events

## **ACEs Aware Upcoming Trainings:**

Trauma Informed Care 101

- Jan 20 | 1-5pm
- Jan 30 | 9am-1pm

## **Community Survey on Farmers' Market Use**

- UC Cooperative Extension, Petaluma Bounty & the Center for Well-Being

## **Hanna Institute**

Register: [norcalaces.org](https://norcalaces.org)

[Survey](#) | Available in English and Spanish

## **Path to Hope Live**

- Thursday, Jan 14 | 4-5:30pm: *Sonoma Community Resilience Collaborative: Finding CALM Amidst the Storm*
- Thursday, Jan 21 | 4-5:30pm: *Report from the Front Lines: Stories of Lived Experience from our Community Mental Health Service Heroes*

## **Town Hall: Creating Food Security for Sonoma County Kids**

- Wednesday, Jan 13 | 2-3 pm

## **St. Joseph Health & Buckelew Programs**

[Register](#)

## **Healthy Students Initiative of Sonoma County**

[Learn more](#)

## **Community Race Relations & Policing Policies Workshop**

- Thursday, Jan 21 | 6 pm
- This meeting will bring together the people and concerns that have been shared over the last year, with the intent of shaping future work.
- Join us to learn about the City's efforts in this area and share your thoughts about how the City can improve its policies, programs, and services.

## **City of Petaluma**

Check back at

[cityofpetaluma.org/meetings](https://cityofpetaluma.org/meetings)

for more info

Organized by Buckelew Programs & St. Joseph Health of Northern California

# COVID 19 Community Resources

Biweekly on Tuesdays  
from 3:30 – 5:00 PM Online  
(January 12th & 26th)

Come learn about program updates,  
bring your questions for community partners,  
and present to the group.

All community partners are welcome!

Contact [Erika.Klohe@stjoe.org](mailto:Erika.Klohe@stjoe.org)  
to be added to the calendar invitation.





Healthy Students Initiative  
of Sonoma County

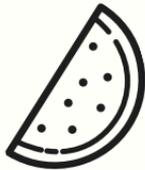
TOWN HALL

# CREATING FOOD SECURITY FOR SONOMA COUNTY KIDS

**WEDNESDAY, JANUARY 13, 2021**  
**2:00 PM - VIRTUAL**

**REGISTER: <https://bit.ly/HSISonoma>**

The Healthy Students Initiative of Sonoma County invites you to join us to learn about free tools and programs available to combat food security in school communities.



# JOIN US!



**Register: <https://bit.ly/HSISonoma>**

Food insecurity impacts more than 12,000 children in Sonoma County each year. Additionally, COVID-19 is broadening existing inequities, thrusting more families and community members into food insecurity each day.

To address this on-going crisis, people in our community are coming together to create innovative solutions to increase access to food and food resources.

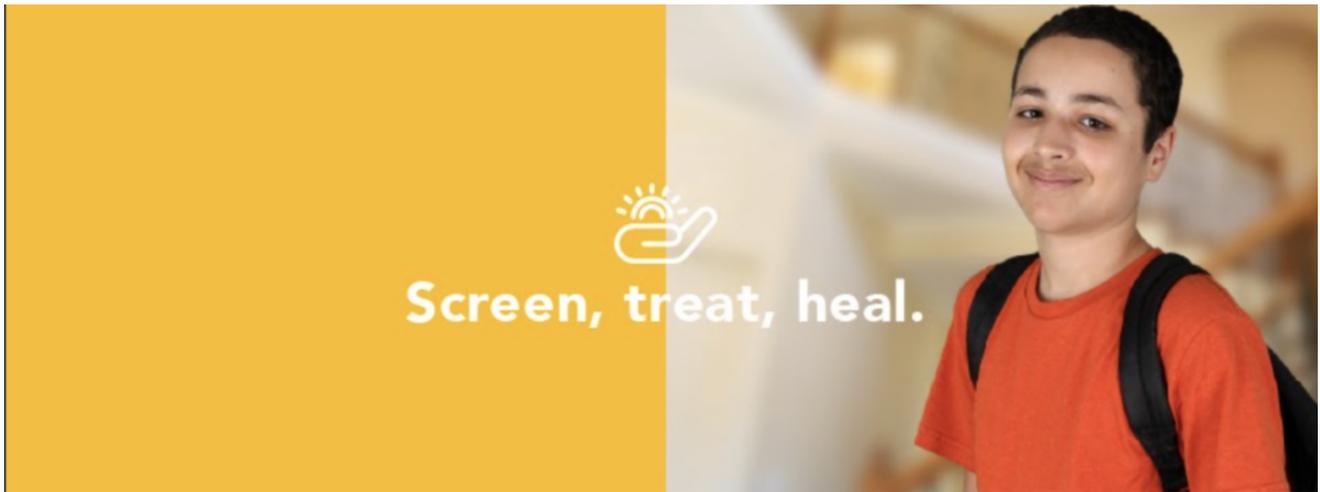
Join Montserrat Archila, School-based Behavioral Health Programs Lead for St. Joseph's Health; Gillian Halley, Executive Director of Justicewise; and Bailey Rose, Community Nutrition Adviser with Dairy Council of CA to learn about Text Food/Comida and programs available in your school community.



*The Healthy Students Initiative supports school communities in Sonoma County including afterschool, early care and family programs to promote optimal physical and behavioral health for children through training, education, and advocacy.*

*For more information about our collaborative, please email [healthystudentsinitiative@gmail.com](mailto:healthystudentsinitiative@gmail.com) or connect with us on Facebook @[healthystudentsinitiative](https://www.facebook.com/healthystudentsinitiative)*





## FREE TRAINING ACTIVITY ANNOUNCEMENT

Dear Hanna Institute Supporter,

As one of our valued supporters and friends, we'd like to extend an invitation to take part in our first **FREE ACEs AWARE** training activity in January.

---

### TRAINING ACTIVITY #1 - TRAUMA-INFORMED CARE 101

JANUARY 20th - 1:00 PM - 5:00 PM

or

JANUARY 30th - 9:00 AM - 1:00 PM

This engaging live training will provide an overview of the science of traumatic events and chronic toxic stress, while providing a new philosophical framework for how we react, validate and even care for our reactions and responses. The course will be accessible, challenging and inspiring. Attendees will leave informed and prepared for deeper learning.

---

### WHY SHOULD YOU ATTEND?

2020 made us rethink the way we approach each other and how as a community we care for those impacted by trauma which includes everything from the

pandemic to the North Bay fires to abuse, poverty and homelessness.

The discussion is for health care providers, those in the non profit sector, educators - AND FOR EVERYONE IN THE COMMUNITY because it's on ALL of us to understand how trauma impacts those around us - the essential worker helping you at the grocery store - the children in your family who are struggling with education - those in your life who were struggling with their mental health before the pandemic.

## SIGN UP TODAY AT NORCALACES.ORG

### ACES AWARE

We are honored to join The ACEs Aware Initiative, funded and led by the Office of the California Surgeon General and the Department of Health Care Services, which hopes to lead a nationwide movement to significantly improve health and well-being in our communities by providing trainings to Medi-Cal providers and the networks of human serving institutions that help cradle our families during these trying times.



This email is sent on behalf of the Hanna Institute, an ACEs Aware Grantee.

Hanna Boys Center | 17000 Arnold Drive, Sonoma, CA 95476

[Unsubscribe {recipient's email}](#)

[Update Profile](#) | [About our service provider](#)

Sent by [info@hannacenter.org](mailto:info@hannacenter.org)

# MARIJUANA/CANNABIS PREVENTION EDUCATION SERIES 2021

A series of virtual trainings and workshops providing comprehensive marijuana/cannabis prevention education to youth, parents/families, adult allies, educators/school personnel, and healthcare/mental health professionals.



## Marijuana/Cannabis 101

Wed., Feb. 24, 2021 3:30pm-4:30pm

- \* Neuroscience & the developing adolescent brain
- \* Impact of use on brain functioning, academic performance, mental health & life outcomes
- \* Forms of use, potency & vaping

Meets National Health Education Standards 1, 2, 3 & 5

Intended Audience: Middle/high school/college students; parents/families; adult allies; educators; and healthcare/mental health professionals



## Marijuana/Cannabis & Your School Community

Wed., Apr. 14, 2021 4:00pm-5:30pm

- \* Forms of use, potency & vaping
- \* Impact on developing adolescent brain, academic performance, mental health & life outcomes
- \* Best practice strategies for supporting students

Intended Audience: Mental health providers; educators; school personnel/administrators; social workers



## Marijuana/Cannabis: What Teens Really Want to Know

Wed., Mar. 10, 2021 3:30pm-4:30pm

Wed., Apr. 21, 2021 3:30pm-4:30pm

- \* Forms of use, potency, vaping
- \* Impact on adolescent brain development
- \* Answers to common questions posed by teens
- \* How to make sense of information on social media

Meets National Health Education Standards 1, 2, 3, 4, 5, 7 & 8

Intended Audience: Middle/high school/college students



## Marijuana/Cannabis & Your Teen

Thurs., Jan. 28, 2021 6:00pm-7:30pm

Wed., May 12, 2021 3:30pm-5:00pm

- \* Forms of use, potency, vaping
- \* Impacts on adolescent brain development, brain functioning, mental health & life outcomes
- \* Strategies for prevention conversations at home at various developmental stages

Intended Audience: Parents/families; adult allies; providers who would like to learn more about how to guide and support families



## Marijuana/Cannabis & Mental Health

Wed., April 14, 2021 8:30am-10:30am

- \* Forms of use, potency, vaping
- \* Impacts of use throughout lifespan focus on adolescent mental health, brain development, mood disorders, psychosis, & geriatric mental health
- \* How best to support clients
- \* Resources for continued learning and support

Intended Audience: Mental health providers; educators; school personnel/administrators; social workers. CEU's may be available.

## Presenters

Drs. Sarah Cunningham & Dr. Richard Von Feldt from Panaptic.com

Please use the link below to register and to receive the Zoom link:

<http://events.constantcontact.com/register/event?llr=awod9fdab&oeidk=a07ehewefn565e99fb7>

**Las presentaciones educativas sobre la prevención de la marihuana/cannabis en español estarán listas para finales de la primavera del 2021. Ya tenemos materiales en español disponibles.**

For more information o para más información en español, contact/contactémos: [donna.newman-fields@sonoma-county.org](mailto:donna.newman-fields@sonoma-county.org) [carla.denner@sonoma-county.org](mailto:carla.denner@sonoma-county.org)