



CHIPA Mental Health & Substance Abuse Work Group Logic Model – Goals & Strategies

Ao 9/26/2019

Overall Goals: Increase awareness of mental health prevalence and services, lead efforts around community resilience and education on trauma-informed practices, and address and reduce substance abuse and addiction.

Goals	Strategies
<p>Mental Health Stigma and Access to Services Increase awareness of and provide education on mental health prevalence and accessibility of services</p>	<p>Participate in Community Partner Connection to increase awareness around mental health resources</p> <ul style="list-style-type: none"> • Participate in/support May is Mental Health Awareness Month events • Attend monthly/quarterly meetings <p>Host/support film screenings, panel discussions and conferences on related topics</p> <ul style="list-style-type: none"> • Participate in/support PPD-led community discussions around mental health and report out to work group • Targeted screenings of film, Resilience • Participate in/support Mi Futuro symposium <p>Develop/share online resource guides</p> <ul style="list-style-type: none"> • Promote NorCal Resources and help update/improve resource list <ul style="list-style-type: none"> ○ Host presentation on tool ○ Support RCHC to promote tool through CHIPA at schools and nonprofits ○ Provide input to improve tool • Partner with nonprofits and schools to ensure access to information on mental health services for youth and families • Maintain Mental Health Resources list developed for school superintendents <p>Improve access to services</p> <ul style="list-style-type: none"> • Support development of School Wellness Centers to bring services both clinical and beyond • Advocate for adequate and equitable access and funding of mental health services • Support efforts to secure long-term funding for peer support and other services, led by providers • Potentially create a Peer Counsel – a standalone structure that gives peers and other end users a voice and way to be part of decision-making process • Participate in County-wide efforts and coalitions to improve access to care • Explore opportunities to improve access and resources to support treatment of food and other-related allergies
<p>Self-Healing Community Lead efforts around community resilience and education on trauma-informed practices</p>	<p>Partner with schools to provide on-site supports to address anxiety, stress and mental health issues</p> <ul style="list-style-type: none"> • Work to support efforts in schools • Support, assess and expand Seeds of Awareness and SJH Healthy for Life social-emotional learning pilot • Support development of School Wellness Centers and work with schools to identify funding for School Wellness Coordinators <p>Continue work building Resilience Collaborative</p> <ul style="list-style-type: none"> • Host resilience and mindfulness workshops in South County

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	<ul style="list-style-type: none"> • Promote final cohort of train the trainer workshops happening in 2020 <p>Host population-specific trainings on ACEs and resilience for residents and organizations</p> <ul style="list-style-type: none"> • Targeted screenings and panel discussions of the movie <i>Resilience</i> • Participate in County-wide SJH project “Connection, Capacity and Change: Developing Community Driven Solutions to Complex Programs” (with Laura Porter of ACE Interface) <p>Support/provide input on PHCD-led efforts to address discrimination and racial inequity in our community</p> <ul style="list-style-type: none"> • Participate/support Petaluma Community Relations Council community panel discussions • Participate in/promote County-led Racial Equity in Education project • Seek out opportunities to support organizations advocating for or reaching out to Latinx community • Support efforts to educate and heal trauma experienced by marginalized communities, especially trauma related to immigration fears and racial discrimination • Work with Petaluma Police Department, Petaluma school districts, City of Petaluma, Petaluma Blacks for Community Development, North Bay Organizing Project, TIDE and others to conduct a community conversation around hate crimes and discrimination <ul style="list-style-type: none"> ○ Have partners present to CHIPA on progress and ideas • Educate community on impact of poverty and economic disparity and its impact on health and wellness <p>Explore ways to incorporate end users input when developing programs, advocacy, etc.</p> <ul style="list-style-type: none"> • Potentially develop a policy statement and/or Peer Counsel
<p>Substance Abuse Address and reduce substance abuse and addiction</p>	<p>Support youth-led community education campaign around opioid use</p> <ul style="list-style-type: none"> • Align efforts with Heart Health subcommittee, Tobacco Free Community Coalition, on anti-vaping policies and education/prevention/services <p>Partner with RCHC Opioid Safety Coalition to bring together work group in South County to address substance abuse</p> <p>Advocate for needed access to SUD treatment services for alcohol abuse</p>